

ABBy™

Patient User Guide

OBSTETRICS, GYNECOLOGY & NEONATAL

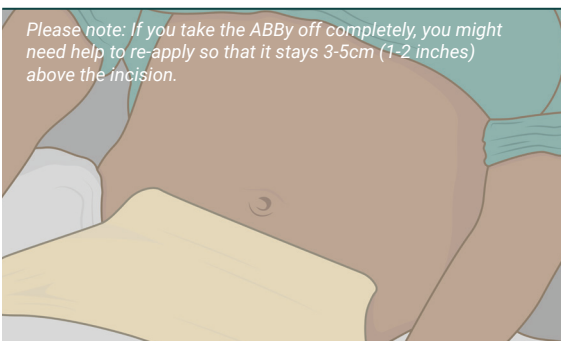
ABBy retracts the panniculus off the incision site after lower abdominal surgery.

1. Preparation



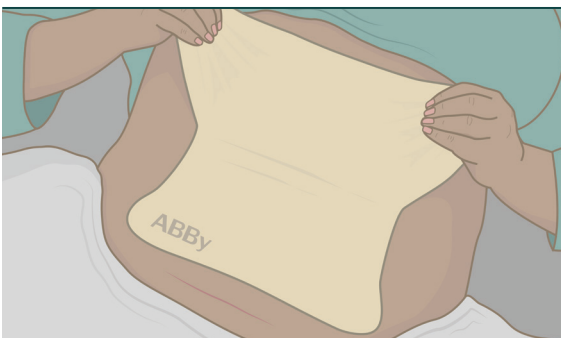
Make sure your skin is free of lotions, dry skin flakes, or any moisture before readjusting the ABBy.

3. Pull Down & Dry



Gently pull down until your navel is fully visible. Make sure your skin is thoroughly dry.

5. Tension



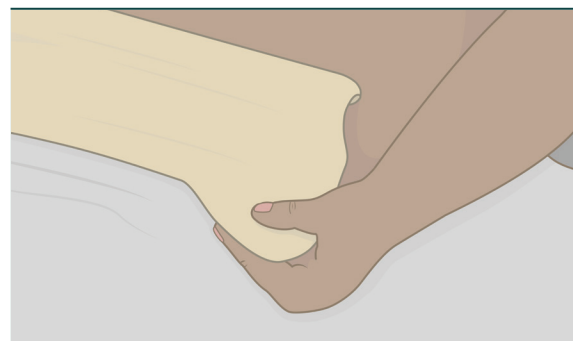
To retract, pull the ABBy up either by walking the device up from the side edges and smoothing it to your skin as you go up, or by pulling up from the top corners and attaching it just under the breasts.

2. Position



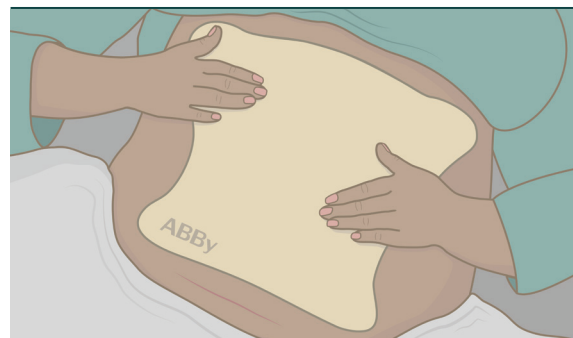
While in a flat or reclining position, grab each top corner.

4. Finger Placement



Place your fingers on the fabric side of the ABBy and your thumbs on the silicone adhesive side at the top corners.

6. Apply & Smooth



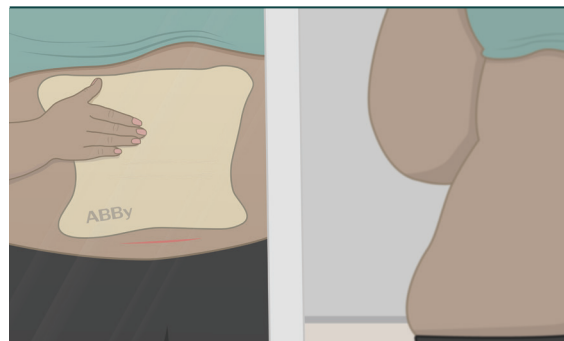
If proper retraction is achieved, smooth the ABBy down across skin. Make sure the edges are smoothed down well.

7. Retraction



The ABBY should provide retraction and allow the incision to be fully visible.

8. Check Placement



When you have finished with adjusting the ABBY, look in a mirror to make sure that you have a full view of the incision.

Washing and Showering Tips

At any time, you can remove or peel down the ABBY to wash the silicone backing with a mild soap and water. Be sure to rinse all soap off and pat dry well before re-applying it to your skin.

When you shower, there is a chance that the ABBY might start to peel away from the skin.

- If this happens smooth it down and finish your shower.
- When towel drying, gently roll down the ABBY and pat the silicone backing dry.
- Then dry your skin well and reapply the ABBY.
- Once applied, dry the outside surface of the ABBY.



See Instructions for Use for full instructions, warnings, precautions and contraindications.

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ABByTM
Postoperative Panniculus Retractor

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Learn more

ART-0516 Rev.01